



HANSRAJ COLLEGE (NAAC A++ CGPA 3.71) UNIVERSITY OF DELHI



3 Month Online Certificate Course
on

TRAUMA INFORMED PSYCHOSOCIAL CARE

COURSE DETAILS

The Certificate Course on Trauma-Informed Care offers a comprehensive curriculum designed for medical professionals, psychologists, counsellors, social workers, mental health advocates, and first responders. The course takes a holistic approach to trauma-informed counselling and interventions, emphasizing scientific, cultural and contextual understanding along with ethical considerations. Uniquely, it explores trauma through an Indian perspective, incorporating culturally sensitive approaches to address the diverse realities of trauma in India. While clinicians can enhance their skills to work effectively with individuals and organizations, professionals from non-psychology backgrounds—such as educators, HR professionals and leaders—can apply trauma-informed principles to create supportive environments. This course equips participants with practical tools to navigate challenging situations, foster empathetic interactions, and deepen their understanding of human behavior, communication and interpersonal dynamics. It is ideal for anyone seeking to make a meaningful impact in addressing trauma with cultural sensitivity and ethical awareness.

KEY AREAS OF FOCUS

- Understanding trauma's psychological, relational, and societal impacts.
- Ethical approaches to addressing self-harm, suicidality, and relational challenges.
- Insights into the ripple effects of intergenerational and community-based trauma.
- Exploring resilience and healing in the context of identity, caste and displacement.
- Navigating transitions, loss and the long-term effects of childhood adversity.
- Trauma-informed care during humanitarian crises and migration.
- Examining trauma within the intersections of sexuality and diverse life trajectories.

HIGHLIGHTS

- **Foundational Knowledge:** Understand trauma's impact and psychosocial care principles.
- **Practical Skills:** Develop practical therapeutic skills through interactive sessions and real-world case studies.
- **Experienced Faculty:** Learn from leading professionals in trauma care from India and abroad.
- **Comprehensive Curriculum:** Cover a wide range of topics including clinical and postmodern approaches.
- **Certification:** a recognized certificate from Hansraj College, University of Delhi upon successful completion of the course.

DETAILS

Duration: 3 Months (Feb-May, 2025)
Class time: 6.00-7.30pm IST every Saturday
Medium: Online via Zoom

Eligibility: Psychologists, Psychiatrists, Social Workers, Educators, College Students & Psychology Enthusiasts

Limited Seats.
Course Begins in February, 2025.

Fee Structure:

For Indian Students: ₹12,000
For International Students: \$150

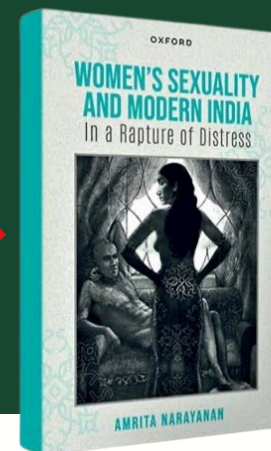
Discounts & Scholarships:

- Early Bird Offer: ₹10,000 (valid till 31st January)
- Group Discount: 10% off for groups of 3 or more
- HRC Students & Staff: 50% off

Discounts and Scholarships cannot be combined.



SPECIAL OFFER
As a Participant of TIPIC 2025, you can avail a signed copy of Dr. Amrita Narayanan's book at 40% off.

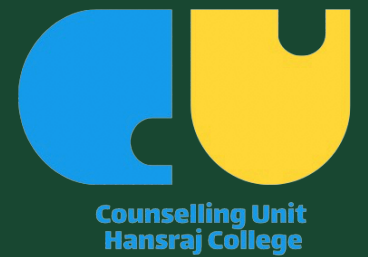


CONTACT US FOR QUERIES OR TO REGISTER

To register or for queries, contact-
Rachel Alice (Course Convener)
+919450639462 (WhatsApp or call)
rachel@hrc.du.ac.in



HANSRAJ COLLEGE
(NAAC A++ CGPA 3.71)
UNIVERSITY OF DELHI



3 Month Certificate Course
on

TRAUMA INFORMED PSYCHOSOCIAL CARE

OUR SPEAKERS



Prof. Honey Oberoi Vahali
*Professor, Psychoanalyst &
Director- CPR, Ambedkar University Delhi*



Dr. Amrita Narayanan
*Clinical Psychologist,
Psychoanalyst and Author*



Dr. Joseph O Prewitt Diaz
*Psychosocial Support Advisor
American Red Cross, DC Chapter*



Anjana Dayal De Prewitt
*Director- Diversity, Equity & Inclusion
American Red Cross, National Headquarters*



Dr. Neetu Sarin
*Psychoanalyst,
International Psychoanalytic Association*



Dr. Ashis Roy
*Psychoanalyst & Former Faculty,
Ambedkar University Delhi*



Prateek Sharma
*Clinical Psychologist
& Psychotherapist*



Rajesh Kumar
*Psychoanalytical Psychotherapist,
Educator & Researcher*



Ankita Gupta
*Psychodynamic Psychotherapist
ICAPP, Australia*



Reva Puri
*Psychodynamic Psychotherapist
Clinical Fellow, WBCP*



Rachel Alice
*Psychotherapist, Hansraj College, DU
Clinical Fellow, WBCP*



TIPC 2025 - SCHEDULE



Date	Speaker	Topic
Feb 22	Rachel Alice	Foundations of Psychosocial Studies
March 1	Prof. Honey Oberoi Vahali	Understanding Trauma from a Psychosocial Lens
March 8	Prateek Sharma	Understanding Trauma from a Clinical Lens
March 22	Reva Puri	Long term effects of Childhood Trauma
April 5	Rajesh Kumar	Caste and Community Based Trauma
April 12	Dr. Joseph O Prewitt Diaz	Psychosocial support in Humanitarian crisis and Displacement
April 26	Ankita Gupta	Trauma, Self-Harm & Suicidality
May 3	Dr. Neetu Sarin	Intergenerational Transmission & Healing of Trauma
May 10	Dr. Amrita Narayanan	'Normal' Trauma in Female Sexuality and its different Trajectories
May 17	Dr. Ashis Roy	Navigating Trauma in Relationships
May 24	Anjana Dayal De Prewitt	Peace Psychology