

HANSRAJ COLLEGE University Of Delhi NAAC Grade A+ with CGPA 3.62

2021-2022

Name of the Department/Society: National Service Scheme Name of the Event 47: POSHAN PAKHWADA WEBINAR

Date of the Event: 3rd April 2022

Taking cognizance of the little to no awareness about the malady of Anaemia amongst the masses, NSS Hansraj organised a speaker session on the topic 'Understanding and Preventive Measures of Anaemia in Teenage Girls and Women' under Poshan Pakhwada on 3rd April 2022.

The esteemed speaker for this session was Dr. Shweta Mendirrata, a senior gynaecologist and obstetrician at Fortis Escorts Hospital. The session began with discussing the malady of Anaemia and the commonly observed symptoms among women. Dr. Mendiratta also shedded light upon the precautionary measures to avoid blood deficiency. She enlightened the attendees on various schemes and initiatives undertaken by the government to aid the females.

This intriguing session concluded with a Q/A round and gathered a substantive audience. It successfully enabled normalising talking around such topics so that they no longer remain a taboo.





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