

हंसराज महाविद्यालय

दिल्ली विश्वविद्यालय

महात्मा हंसराज मार्ग,

मलकागंज, दिल्ली -110007

दूरभाष : 011-27667458, 27667747

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वेबसाइट : www.hansrajcollege.ac.in



HANSRAJ COLLEGE

UNIVERSITY OF DELHI

Mahatma Hansraj Marg

Malkaganj, Delhi – 110007

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NAAC ACCREDITED 'A++ GRADE COLLEGE

2023-2024

Name of the Event: Unmasking Emotions

Organised by: NSS Hansraj College

Date of the Event: 14th February 2024

Duration/Event Timing: 3:00 P.M.

Venue of the Event: Yagyashala Hansraj College

Name of Coordinator(s): Simran & Muskan

Name of Convener: Dr. Romila Rawat Bisht

Event Description (About 250 Words)

On February 14th 2024, NSS Hansraj organized the event titled “Unmasking Emotions” with the objective of nurturing enhanced self-awareness, social consciousness, and mindfulness among children.

The primary aim of the event was to help the Padhaku kids in cultivating healthier mental peace practices. To accomplish this objective, Mrs. Rachel Alice, accompanied by her counselling unit of Hansraj College, specifically invited to share their expertise.

The event concluded successfully with enthusiastic participation from the Padhaku Kids, who thoroughly enjoyed the creative methods employed in teaching them.

Brochure/Five Geo-tagged Pictures:

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<https://drive.google.com/drive/folders/1PyE5Qk8QmT9aYMO5bPu1xlScE5oYXdOm>



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Attach Attendance Sheet

1. Adarsh Kumar

2. Ayush Aman

3. Divyesh Kumar

4. Shivani Bharti

5. Subham Suman

6. Yanti