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2023-2024

Name of the Event: Orphanage Visit

Organised by: UDAAN: The Motivational Society

Date of the Event: 11th Feb 2024

Duration/Event Timing:

Venue of the Event: DMRC

Name of Coordinator(s): Arpit Yadav (Organising Head)

Name of Convener: Dr. Vikash Singh

Event Description

"UDAAN" took a wonderful initiative for expressing gratitude and taking one more step forward towards the motto of our society, which is spreading motivation with adoration. On February 11, a visit was organised for the core and council members of "UDAAN" to an orphanage, namely DMRC Children Home, situated near Civil Lines in Delhi. The members reached the location at 10:00 am, and as per the division, they took their positions in the different age group sections.

The first group was for 6–10 year olds and was handled by Sandhya, the joint secretary of UDAAN, and Ashi and Adarsh from the council. The members met the kids; it was warm and genial. The kids were seated in a room provided by the children's home, and the activities then started.

Storytelling Session: The visit commenced with a storytelling session where a member narrated a captivating story to the children. The story was carefully selected to inspire imagination and impart a moral lesson. The children actively participated by listening attentively and engaging in discussions about the characters and plot.

<u>Drawing Session</u>: Following the storytelling session, the children were provided with drawing materials and encouraged to express their creativity through art. The theme

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was cartoons or anything they liked to inspire their artwork. The members offered guidance and encouragement, fostering a supportive and inclusive environment. The kids enjoyed it a lot.

The second group was for 10–15 year olds and was handled by Shivanshi, the joint secretary of UDAAN, and Astha, Keshav, and Tanuj from the council. The session started with a warm introduction of names between the children and the team. The activities were conducted thereafter in the following manner:

<u>Antakshari Session</u>: The Antakshari session with children was lively and engaging. The children were divided into two groups, accompanied by our members in both teams. They enthusiastically sang songs, showcasing their creativity and teamwork and fostering a fun and interactive atmosphere of musical learning.

<u>Science Experiments</u>: The concepts of density, buoyancy, and combustion were illustrated through the experiments. The children were intrigued by the beauty of science and learned the importance of science behind events in the world.

The third group was 16–18-year-old students and was handled by Shivaansh Mehra, General Secretary, and Arpit, Harsh, and Urav from the council.. The session started with the warm introduction of children, and the following sessions and activities were conducted for them:

<u>Career Counseling Session</u>: A career counseling session was conducted for students in grades 9 and 10. The aim was to provide guidance and insights into various career paths, helping the students make informed decisions about their future.

<u>Handling Exam Pressure Talks</u>: Talks on how to handle exam pressure were conducted for the same group of students. Strategies and coping mechanisms were discussed to help students manage stress and perform effectively during exams.

Later on, as a gesture of kindness and affection, chocolates were distributed to all the children at the orphanage. The joy on their faces upon receiving the chocolates was heartwarming and served as a reminder of the importance of small gestures in brightening someone's day.

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Five Geo-tagged Pictures:









Attach Attendance Sheet

Shivaansh Mehra

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Sandhya Kohli

Shivaanshi

Ashi Verma

Arpit Yadav

Aastha

Tanuj

Urav Bhargava

Keshav Sharma