

हंसराज महाविद्यालय

दिल्ली विश्वविद्यालय

महात्मा हंसराज मार्ग,

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2023-2024

Name of the Event: Old Age Home Visit

Organised by: UDAAN: The Motivational Society

Date of the Event: 4th April 2024

Duration/Event Timing: 12:00PM-3:00PM

Venue of the Event: Aashirwad Old-Age Home, Karkardooma Institutional Area
Event 10: Old-Age Home Visit

Name of Coordinator(s): Shivaansh Mehra (General Secretary) & Sandhya (Joint Secretary)

Name of Convener: Dr. Vikash Singh

Event Description

On 4th April, UDAAN - The Motivational Society of Hansraj College organized a visit to Aashirwad Old Age Home located in Karkarduma. The purpose of this visit was to engage with the elderly residents, spend quality time with them, and bring some joy into their lives. Additionally, the event included singing old songs and listening to the stories of the residents.

Upon arrival at Aashirwad Old Age Home, the members of UDAAN was warmly welcomed by the staff and residents. The event commenced with a session of old song singing, where the members sang melodious tunes from past eras. This activity was aimed at creating a nostalgic and comforting atmosphere for the elderly residents.

After the musical session, the members of UDAAN engaged in conversations with the residents. There were a total of 16 individuals residing at the old age home, each with their own unique life stories and experiences. All of them were around 80 to 85 years old, and they exhibited remarkable vitality and enthusiasm.

During the interactions, the UDAAN members had the privilege of hearing various captivating stories from the residents. One particular story was shared by an elderly

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woman who revealed that she had been residing at the home for the past one and a half years. Despite having a daughter, her circumstances led her to stay at the old age home. Surprisingly, she expressed that she had grown fond of the place. Another resident, who had been at the home for the longest duration of 16 years, stood out as the most joyful individual. He shared anecdotes about his children, all of whom were married and some residing abroad. Despite his extended stay, he radiated positivity and contentment.

Another gentleman shared his journey to graduating from Kirori Mal College and raising three daughters, all of whom were now happily married. He expressed his satisfaction with his current living situation, he told us about his late wife, who used to stay at their house, but he liked it here better.

Additionally, there was an elderly man whose son had settled abroad and had even arranged for his father's green card. However, the resident preferred staying at the old age home, showcasing the strong bonds he had formed with the community there.

The visit to Aashirwad Old Age Home proved to be an enriching experience for the members of UDAAN. The stories shared by the residents, both poignant and uplifting, served as a reminder of the depth of human resilience and the importance of compassion and real bonds, particularly needed for this generation. The interactive the session not only brought smiles to the faces of the elderly residents, but also left a lasting impact on the hearts of the visitors.

Overall, the visit reflected the power of empathy and human connection in fostering mutual understanding and appreciation across generations.

Five Geo-tagged Pictures:

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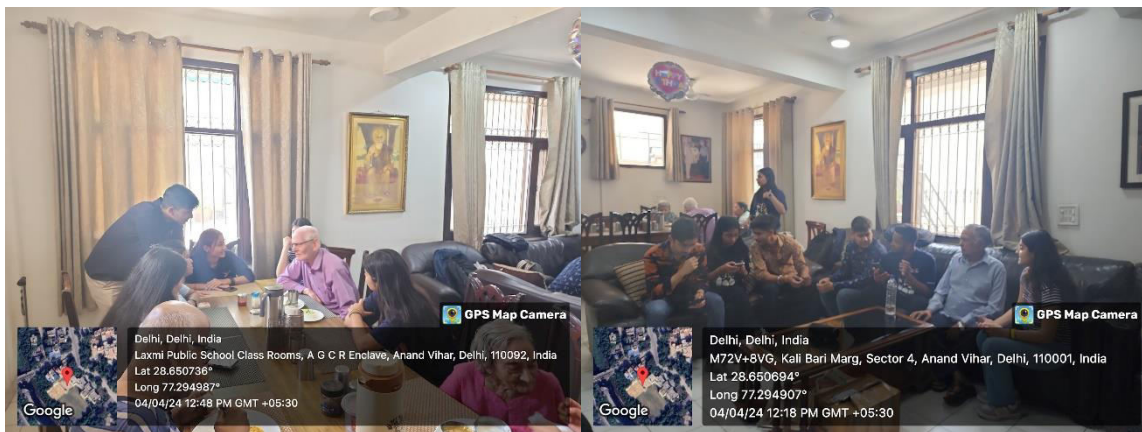
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Attach Attendance Sheet

Arpit Yadav

Ashi Verma

Keshav Sharma

Urav

Rocky Kumar

Anushka Jaiswal

Preksha Gupta

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Sandhya Kohli

Shivaanshi Rao