

## HANSRAJ COLLEGE University Of Delhi NAAC Grade A+ with CGPA 3.62

## 2020 - 21

Name of the Department/Society: National Service Scheme

Name of the Event 55: Session on Socio-emotional skills for padhaku kids

**Date of the Event: 29-08-2020** 

And with this, a successful session of the Mentorship Program passed, where children studying at NSS Padhaku were guided and imparted awareness on a salient topic - "Socio-emotional Skills". The session was conducted by one of the Mentors and NSS alumni- Ainee Iqra

The students participated and interacted throughout the session quite well. They were enlightened with the qualities of a good and loyal friend, which people and their gestures make him/her more comfortable and pleased, which words define friendship, how meditation positively affects our behaviour, etc.

We hope it would have conferred a highly positive impact on our students. And we wish our padhaku kids would implement today's lesson in their lives, in order to make it more meaningful and remarkable.

