

हंसराज महाविद्यालय

दिल्ली विश्वविद्यालय

महात्मा हंसराज मार्ग,

मलकागंज, दिल्ली - 110007

दूरभाष : 011-27667458, 27667747

ई-मेल : principal_hrc@yahoo.com

वेबसाइट : www.hansrajcollege.ac.in



HANSRAJ COLLEGE

UNIVERSITY OF DELHI

Mahatma Hansraj Marg

Malkaganj, Delhi – 110007

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Website: www.hansrajcollege.ac.in

NAAC ACCREDITED 'A++ GRADE COLLEGE

2023-2024

Name of the Event: Motivational Talk (How to use Inner Power)

Organised by: UDAAN: The Motivational Society

Date of the Event: 6th November 2023

Duration/Event Timing: 1pm to 3pm

Venue of the Event: Library Auditorium

Name of Coordinator(s): Palak Chauhan (President) and Keshav Sharma (Organizing Head)

Name of Convener: Mr. Vikash Singh

Event Description (About 250 Words)

UDAAN - The Motivational Society at Hansraj College organised an enlightening event focused on the theme of inner power. The event took place on November 6th at 12:30 p.m. at the Library Auditorium, Hansraj College. The keynote speaker for the event was Dr. Pawan Kumar Sinha, spiritual preceptor, educationist, and founder of Paavan Chintan Dhara Ashram. The event was started by giving a token of appreciation to Dr. Rama. In this session, Dr. Pawan Sinha talked about how the inner power of an individual plays a significant role in his or her life and how being in touch with it influences our life choices and aspects. Inner power generally refers to the strength, resilience, and capabilities that lie within an individual's mind, emotions, and character.

It's about tapping into your own resources to overcome challenges, pursue goals, and lead a fulfilled life. He further continued and explained how understanding inner peace will also lead to understanding the strengths, weaknesses, and emotions of oneself. He explained this by using humans as an example: a man from any field or background who is in touch with his inner power will have a greater vision for life; even if he fails, he will have enough strength to get up and start the same journey with the same motivation and optimism. He discussed many such anecdotes, which were very informative to all. The speaker session came to an end with a very clarifying question-answer round, making it an interactive experience for all.

The event was concluded by Hansraj College's conveyor, Mr. Vikash Sir, with a token of gratitude for taking time out of their schedule and leading students towards a better path in life. The event came to an end with a final photo session with the entire UDAAN team, including guests, teaching staff, and non-teaching staff.

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Five Geo-tagged Pictures:



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Poster

UDAAN
The Motivational Society
Hansraj College, University of Delhi

CORDIALLY INVITES YOU FOR A
MOTIVATIONAL TALK
THEME: HOW TO USE INNER POWER

DATE: 6th November 2023
TIME: 12:30 p.m.
VENUE: Library Auditorium

Prof. Pawan Sinha

Palak Chauhan President
Mr. Vikash Singh Convener
Dr. Romila Bisht Coordinator
Prof. (Dr.) Rama Patron

For Queries: Palak Chauhan (President): 9354188355, Hritik Khatri (Vice-President): 8005597447

Attach Attendance Sheet

Prateek Sharma	B. A(H) Hindi	First
Himanshi	Zoology Hons	First
Rounak Kumar verma	B. A. Economic (Honours)	First
Somil Saxena Jain	Bsc(H) Mathematics	First
Subham Poddar	BA (Hons) History	First
Sukhwinder	B.A Philosophy honours	First
Afeefa Nasir	BA (H) Political science	Second
Anant Kumar Chaturvedi	Bsc Physical science with chemistry	Second
Anshika Raj	B.sc. (H) Geology	Second
Deven Kumar Poddar	BA(H) English	Second

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Dhanraj Borkar	BA(H) Economics	Second
Divyanshi Singh	Bsc Zoology Hons	Second
Navya Nassa	B.sc. (H) Zoology	Second
Radhika Kataria	BA (H) History	Second
Sharique	BA Prog	Second
Sonia	Bsc. Physical science with chem	Second
Garima	B. Com (Hons.)	First
Manikeshwar Yadav	BA (H) Hindi	First
Nitin yadav	B.com program	First
Om singh	Bsc (H) Geology	First
Tanya	Bsc computer science	First
Aniket Ranjan	B.Sc. Physical Science with Computer Science	Second
Aryan Rana	B.Sc (Hons) Electronics	Second
Gautam Jha	Bsc Physical science with chemistry	Second
Mayank	Economics hons	Second
Mohit Yadav	Ba program	Second
Monika Sahu	Bsc Life Science	Second
Sarathi Dixit	B. Com Hons	Second
Yashwardhan singh	B.Sc.Anthropology	Second
Nisha Sharma	BA hindi hons	Second
Aman	B.Sc Physical Science with computer science	Second
Anchal Kumari	B. Sc Physical Sciences + CS	Third
Ankit Raj	Bsc. (H) Computer Science	Third
Khyati	B. Sc (H) Botany	Third
Aastha Chawla	Bcom hons	First
Anjil Gupta	English honours	First