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महाविद्यालय

दिल्ली विश्वविद्यालय

महात्मा हंसराज मार्ग,

मलकागंज, दिल्ली -110007

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वेबसाइट : www.hansrajcollege.ac.in



HANSRAJ COLLEGE

UNIVERSITY OF DELHI

Mahatma Hansraj Marg

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2023-2024

Name of the Event: Prerak: The Art of Letting Go

Organised by: UDAAN: The Motivational Society

Date of the Event: 24th January 2024

Duration/Event Timing: 1:00PM-5:00 PM

Venue of the Event: Main Auditorium, A-Block

Name of Coordinator(s): Palak Chauhan (President)

Name of Convener: Dr. Vikash Singh

Event Description

The speaker session that took place at Hansraj College, Delhi University set the stage for an insightful discussion about letting go and how important it is to let go of things that hurt deeper when we hold on to them for longer than required. The session aimed at providing valuable insights into coping with life's challenges and understanding the importance of relinquishing control over certain aspects of life. The event took place on January 24, 2024, with our esteemed guest speaker Dr. Vikas Divyakirti, a distinguished individual with a background as an IAS officer and subsequently the founder of the coaching institute Drishti IAS. The event began with LampLighting by our Honourable guest Divyakirti sir, respected Principal Dr. Ramamam, and our Convener Mr. Vikas Singh sir. This was followed by the felicitation of Dr. Divyakirti, Dr. Rama, and Mr. Vikas Singh. After the felicitation, Dr. Rama blessed our audience with her kind and inspiring words, inspiring them to aim high and achieve their dreams. Mr. Vikas Singh then delivered the welcome note for our esteemed guest. Dr. Vikas Divyakirti Sir commenced the speech by sharing personal anecdotes and stories that carried profound messages. The speech consisted of him sharing real-life incidents as examples for the audience, which tethered them more to

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the reality of the young generation. He highlighted the difference between Giving Up and Letting Go for the crowd– accepting defeat without trying to one's heart's content qualifies as 'giving up', while 'letting go' comprises not chasing something that one might not be truly made for.

The speaker disclosed a powerful mantra- "Hogya to hogya, warna bhaad mein jaae" (If it happened, it happened; otherwise, let it go). This encapsulates the essence of letting go, emphasizing the importance of accepting the present and moving forward. He also quote a line from a beautiful song written by Sahir ludhianvi "barbaadiyon ka shok manana fizoool tha, barbadiyon ka jashn manata chala gaya" (celebrating the chaos of destruction was pointless, he kept on celebrating the festival of destruction) He concluded his speech by a final quote which he himself firmly believes "kyu dare zindagi mei kya hoga, kuch na hoga to tajurba hoga" (why be afraid of what will happen in life; if nothing happens, there will be experience).

An interactive Q&A session allowed the audience to seek clarification and delve deeper into the speaker's insights. Sir Vikas Divyakriti addressed queries with patience, offering practical solutions and perspectives on overcoming challenges.

A vote of thanks by our dear President Palak Chauhan, without whose leadership, the event could never have been such a success, marked the conclusion of the event. Successful and smooth conduction of the event demonstrated the society's efforts and hard work. A group photosession was organized, capturing the memorable moments of the event and serving as a memento for all the participants. It provided an opportunity for the participants to bond and celebrate the success of the event. The event proved to be a transformative experience, offering a diverse range of perspectives and practical insights. Attendees left with a deeper understanding of the significance of letting go in various aspects of life and with valuable tools to navigate change

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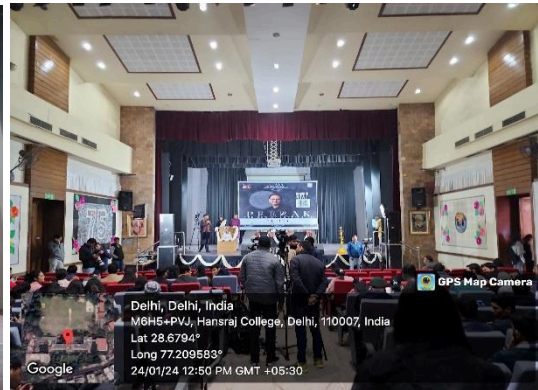
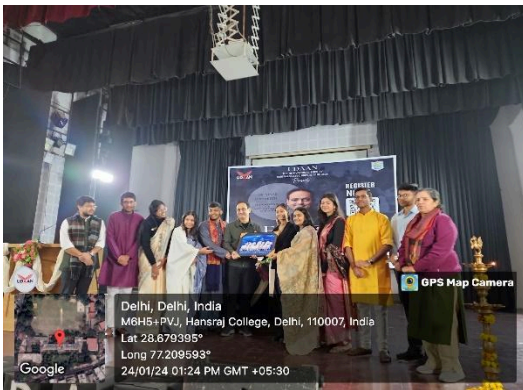
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DR. VIKAS DIVYAKIRTI
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24.01.24
12:15 P.M. | AUDITORIUM, HANSRAJ COLLEGE

Palak Chauhan President	Mr. Vikash Singh Convener	Prof. (Dr.) Rama Principal
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For Queries: Palak Chauhan (President): 9354188355, Arpit Yadav (Organising Head): 9457143350 | @udaan_hansraj_college

Five Geo-tagged Pictures:



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Attach Attendance Sheet

Prateek Sharma	B. A(H) Hindi
Himanshi	Zoology Hons
Rounak Kumar verma	B. A. Economic (Honours)
Somil Saxena Jain	Bsc(H) Mathematics
Subham Poddar	BA (Hons) History

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Sukhwinder	B.A Philosophy honours	
Afeefa Nasir	BA (H) Political science	
Anant Kumar Chaturvedi	Bsc Physical science with chemistry	9457277666
Anshika Raj	B.sc. (H) Geology	7827759917
Deven Kumar Poddar	BA(H) English	9279798811
Dhanraj Borkar	BA(H) Economics	8929484198
Divyanshi Singh	Bsc Zoology Hons	9625089231
Navya Nassa	B.sc. (H) Zoology	9996502053
Radhika Kataria	BA (H) History	8630298828
Sharique	BA Prog	9548784336
Sonia	Bsc. Physical science with chem	9335894026
Garima	B. Com (Hons.)	8709183249
Manikeshwar Yadav	BA (H) Hindi	9669519171
Nitin yadav	B.com program	8700356459
Om singh	Bsc (H) Geology	9716344528
Tanya	Bsc computer science	8287017714
Aniket Ranjan	B.Sc. Physical Science with Computer Science	6201289792
Aryan Rana	B.Sc (Hons) Electronics	9773587001
Gautam Jha	Bsc Physical science with chemistry	9136424030
Mayank	Economics hons	8305687411
Mohit Yadav	BA program	7303640137
Monika Sahu	Bsc Life Science	7004570866

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Yashwardhan singh	B.Sc.Anthropology	8851930541
Nisha Sharma	BA hindi hons	6206131506
Aman	B.Sc Physical Science with computer science	8792153745
Aastha Chawla	Bcom hons	7827763271
Anjil Gupta	English honours	7982967686
Ayush Vashu Sharma	BA program	8826725365
Gulshan Kumar	B.Com(Hons.)	9013579625
Om Prakash Sahu	B. Sc (H) chemistry	8860878273
Rizul Rao	Political science honours	8376836920
Sachin Anand	Ba English Hons.	7290911190
Sachin Kumar	B. A(H) economics	7017654166
Shreya Sharma	Bsc CS Hons	93155 59029
Sidhant	B. A(Prog)	8860465000
Sneha Sharma	Bcom hons	9315501424
Tannu	BA. English Honours	7978179388
Vaibhavi Awasthi	B com honours	9311629669
Vaidik	B. Com	9113724810
Veena	B.Sc (H) Anthropology	8130520372
Vidisha Jangid	BA. English Honours	7827848029
Aaditya Kumar	B.com hons	7051863475
Abhijit	Physics Hons	9365870374
ABHISEK YADAV	B.A Economics hons	9355460201

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Abhishek Kanwat	BA (H) Economics	9318399661
Abhishek Kumar Yadav	Bsc Physical science with chemistry	8770153449
Aryan	BA philosophy Hons	9491928159
Diya Gautam	Ba program	7300231532
Himanshi	Bsc Physical science with chemistry	9315438337
Manav Tehlan	BCom (H)	8817271593
Manmeet	Ba Prog	9636710432
Nikunj Chaudhary	B.Sc Hons Zoology	8826832237
Nishant Rohilla	B com Hons	6393789463
Piyush Singhal	BA Sanskrit (H)	8448665680
Prashul Shrivastav	B. A (Prog)	85277 48566
Priyanshu Bhati	Ba program	7015021198
Shivam Yadav	BCom (H)	85108 11326
Vivek Pangtey	BCom (H)	93199499909
Yash	BA (H) Sanskrit	9667794427
Aditi	B. Sc (H) Zoology	9138259020
Hemant Mishra	Philosophy Hons	74044 46040
Noor Sabha	B. A(Prog)	7819924132
Roshni	BCom (H)	8745081026
Avnish Tiwari	BA History hons	9643575476
Bisma Fareed	BA(H) English	8090365885
Dolly	Bcom h	9457015086

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Hritik Rathore	Eco Hons	8595447237
Janvi	Bcom Hons	9717370493
Jigyasa Mahajan	Ba program	9810530899
Kanika	Ba eng hons	9289152920
Kiranmanomani	Eco Hons	9559937506

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