



2021-2022

Name of the Department/Society: National Service Scheme

Name of the Event 40: MENSTRUAL HYGIENE AWARENESS SESSION

Date of the Event: 8TH MARCH 2022

To encourage people to be comfortable about inhesitantly starting a discourse on menstruation, we at NSS Hansraj organized a Menstrual Hygiene Awareness Session on 8th March 2022 in the Yamuna Khadar area on the occasion of International Women's Day. Under this, we also undertook donation of sanitary napkins.

Our enthused volunteers performed an eye opener skit breaking taboos about menstruation. Moreover, women were motivated to take nutritious food and take proper care of their health. Men were also encouraged to be vigilant towards women's issues. The drive finally ended on a positive note with the donation of sanitary napkins to women and young girls.

Let's together empower women by protecting human rights at our own individual level!





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