

हंसराज महाविद्यालय

दिल्ली विश्वविद्यालय

महात्मा हंसराज मार्ग,

मलकागंज, दिल्ली - 110007

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HANSRAJ COLLEGE

UNIVERSITY OF DELHI

Mahatma Hansraj Marg

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NAAC ACCREDITED 'A++' GRADE COLLEGE

2024-2025

Awareness campaign focussing on menstrual health issues **(2nd and 11th December ,2023)**

Date of the Event: 2nd and 11th December 2023

Event Duration: 5 hrs

Venue of the Event: Hansraj College, University of Delhi

Name of Coordinator(s): Team WDC

Name of Convener: Professor Dr. Jnaneswari Malik

In December 2024, two impactful awareness campaigns were organized on the 2nd and 11th, focusing on menstrual health issues. These initiatives aimed to break the silence surrounding menstrual hygiene and promote better sanitation practices among women and girls. The primary goal of the campaign was to educate participants about the importance of menstrual health and debunk the myths and taboos often associated with it. As part of the drive, sanitary pads were distributed to highlight the significance of using proper menstrual products to ensure hygiene and reduce the risk of infections. The campaigns also included informative sessions on how to manage periods hygienically, maintain reproductive health, and the long-term benefits of using safe and sustainable menstrual products. By providing free sanitary pads, the initiative addressed the issue of accessibility, ensuring that women, especially from underprivileged backgrounds, could prioritize their health. These campaigns not only empowered women with knowledge but also contributed to reducing the stigma around menstruation. Through open dialogue and accessible resources, they successfully raised awareness, encouraging healthier practices and fostering a supportive environment for menstrual health.

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Attendance

Abhinav

Shreya

Satyam

Prashita

Raghav

Kanav

Sushil

Rainy

Adarsh